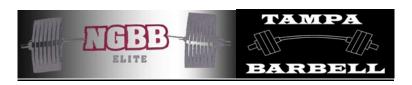
2008 INTRAMURAL TEAM POWERLIFTING / BENCH PRESS COMPETITION JUNE 14, 2008 - Woodstock, GA



MEET DIRECTORS: Jon Grove - North Georgia Barbell (770) 426-1077

Kennesaw@fitnessresource.com

Tommy Fannon - Tampa Barbell (813) 263-9033

tfannon@gmail.com

SANCTIONED BY: APF (American Powerlifting Federation)

SPONSORS: Tampa Barbell

North Georgia Barbell Inzer Advance Designs Gearman Nutrition CriticalBench.com

EVENT LOCATION: Cherokee Parks and Rec. Center (Annex Bldg)

7345 N. Main St (Hwy 5), Woodstock, *GA* 30188

(770) 924-6689

WEIGH-IN: Friday, June 13 @ Cherokee Rec. Center

5:00pm-9:00pm

Saturday, June 14 @ Cherokee Rec. Center

8:00am-9:30am

EVENT START TIME: Saturday, June 14 - 10:00am, Rules Briefing - 9:30am

<u>CONTEST LIFTS</u>: Full Powerlifting, Bench Press

APPAREL: ALL lifting suits, groove briefs, bench shirts & wraps allowed.

Singlet required on bench by all lifters.

EQUIPMENT: Monolifts in warm-up & on platform, Forza Benches,

Mastodon squat bars, Ivanko kilo plates, Okie DL bars

<u>CLASS DIVISIONS</u>: Team competition. Winning team determined by coefficient.

Female lifters ARE included by coefficient.

There are no coefficient modifiers for juniors or masters.

(3 member minimum per team or barbell club).

ENTRY FEES: \$60 per lifter

ENTRY DEADLINE: All early entries need to be received by June 7^{th.} Cash only on

day of meet.

PRIZES:	Unique plaque with all competition lifts go to all competitors who do not bomb out of the meet.
	Beautiful team trophy by Carl Seeker for the team which fields the highest total by coefficient.
	\$1000 will be given to winning team.
	The following conditions must be met to receive the prize money:
	You must be entered as part of a team Your team must complete the competition Your total coefficient must be used towards the team's coefficient
	The bottom line is you can't token lift to get this money.
	check <u>www.tampabarbell.com</u> or <u>www.outlawpowerlifting.com</u> for meet updates
WAIVER OF LIABILITY AND ENTRY FORM (tear off and mail in)	
2008 INTRAMURAL TEAM POWERLIFTING COMPETITION	
NAME:	PHONE:
ADDRESS:STREET	CITY STATE ZIP
AGE: WEIGHT CLASS GY	M/CLUB/SPONSOR
DIVISION: Men's Open Women's Open	
COMPETITION: Full Power Ber	ch Only
In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors & administrators waive & release	

Make checks payable to NGBB and mail entries to:

might suffer while competing @ the 2008 APF Southeastern Intramurals.

Signature: Parents Signature (if under 18)

NGBB 195 Summer Lake Dr. Dallas, GA 30157

any & all rights & claims for damages I may have against Jon Grove, Tommy Fannon, North Georgia Barbell, Tampa Barbell, Cherokee Rec. Center, their representatives, successors and assigns for any & all injuries or bodily harm that I